The Beader Chef

Crispy Baked Wings with Buffalo Sauce

The Beader Chef Original

Yield: ~60 wings

Ingredients:

Crispy Wings:

- 5 lbs. chicken wings
- 2 tbsp. vegetable oil
- 2 tsp. salt
- 1 tsp. pepper

Buffalo Sauce:

- 1/4 cup unsalted butter
- 1/2 tsp. cayenne pepper
- 1/2 tsp. pepper
- 1 cup hot sauce (I like Frank's Red Hot)

Directions:

- 1. Preheat oven to 400F and line two rimed baking sheets with aluminum foil. Place wire wracks on top.
- 2. In a large bowl, coat the wings with the oil, salt and pepper.
- 3. Place on wire racks and bake for 45 to 50 minutes, flipping half way through.
- 4. While the wings are cooking, melt butter in a small saucepan and stir in the cayenne and pepper.
- 5. Remove from heat and mix in the hot sauce, set aside.
- 6. Once wings are cooked, let cool for 5 minutes and place into a clean large bowl.
- 7. Toss with buffalo sauce and serve with sour cream, ranch/blue cheese dressing or whatever sauce you prefer!

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Notes:

The wings are just as great without the buffalo sauce! Try experimenting with different sauces to coat or dry rubs before baking!

I use aluminum foil for easy clean up, the grease produced while the wings are cooking can sometimes be a challenge to clean! Additionally, wire racks help prevent the wings from getting soggy from siting in their own grease while cooking; it also allows for better air flow around the wings so that they become nice and crispy!